



Olympic Winter Games

Beijing, China

February 4 – 20, 2021

Observations: Watch & Learn

Use this handout to help you follow any athlete competing in the Games.

Check schedules and see when competition will be happening, and check out websites for up-to-date athlete bio's, results and story-lines. And pay close attention to the interviews with the athletes.

<https://olympic.ca/>

<https://www.cbc.ca/sports/olympics>



Instagram

@teamcanada

Fill in this information to help you keep track of all the great information you may be able to use in your own training and competitions.

Athlete: **Sport**

Story line for athlete	
Mental message	
Tip to try: how can I apply this?	
Other:	

Athlete:

Sport

Story line for athlete	
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